



Songa Clothing & Equipment Checklist

Camper's Name _____

Please indicate the number of items which are being sent to camp so that your child's staff will be able to ensure that everything is returned at the close of the season. Print and tuck this into her luggage for use when she is packing up. **Please label all items of clothing with your daughter's name.**

Clothing

- _____ 4 - 6 pairs shorts
- _____ 3 - 4 pairs long pants
- _____ 8 - 10 short-sleeved shirts
- _____ 3 - 4 long-sleeved shirts
- _____ 3 tank tops
- _____ 2 sweatshirts
- _____ 2 swimsuits, appropriate for active watersports
- _____ 8 - 12 pairs of underwear
- _____ 12 pair of socks
- _____ 2 pair wool socks
- _____ sweatpants
- _____ pajamas or other sleeping clothes
- _____ casual dress/outfit for banquet 2nd month

Footwear

- _____ 1 pair of sneakers
- _____ 1 pair wet loaders (see packing notes)
- _____ 1 pair of hiking boots
- _____ 1 pair waterproof rain boots or Bean boots
- _____ 1 pair of sandals, crocs, or chacos

Bedding/Linens/Toiletries

- _____ 4 towels
- _____ 2 sets of sheets (twin sized)
- _____ 2 pillowcases*
- _____ 1 Pillow*
- _____ 3 Blankets*
- _____ supply of toiletries & personal items (soap, toothpaste, pads, tampons, etc)
- _____ shower caddy for carrying items to shower house
- _____ large laundry bag (available at camp store)

**If you are renting linens from camp, blankets, a pillow, & pillowcases are included in your rental & you need not pack these items.*

Tripping Clothes & Equipment

- _____ wool or fleece sweater (see packing notes)
- _____ polyester/synthetic long underwear bottoms
- _____ raincoat with hood (see packing notes)
- _____ polyester fleece pants (see packing notes)
- _____ rain pants (optional until finishing 7th grade)
- _____ hat with brim for sun protection
- _____ warm knit hat (wool or synthetic)
- _____ sleeping bag with stuff sack
- _____ sleeping pad (see packing notes)
- _____ headlamp
- _____ 65 liter waterproof river bag with backpack straps (available for purchase at camp store)
- _____ 2 water bottles/Nalgene
- _____ insect repellent, non-aerosol
- _____ sunscreen, non-aerosol
- _____ carabiners for attaching items to river bag

Other

- _____ passport (for campers finishing 8th & 9th grades)
- _____ envelopes, stamps, notepaper, addresses
- _____ books
- _____ deck of playing cards or small games
- _____ camera
- _____ extra pair of glasses/contacts & glasses sports band

Optional

- _____ guitar, ukulele, or other portable musical instrument
- _____ bathrobe
- _____ 1 pair flip flops (for showers only)
- _____ crazy creek chair (for at camp and on trip)
- _____ costumes & clothing for theme days - Valentine's, Halloween, & shows
- _____ softball glove, tennis racket, lacrosse stick
- _____ binoculars &/or compass
- _____ ciniba for coups (returning campers)
- _____ OTK tie and pin (returning Old Timers)
- _____ knitting needles, yarn, friendship bracelet string, etc
- _____ small day pack (backpack) for hiking or day trips



Packing Notes on Trip Clothes & Gear

At Songadeewin, each camper goes on a trip each month she is at camp. Below are details to help you understand what your daughter needs to be comfortable on trip. We recommend researching online and/or bringing this packing list to a local outdoor goods store including, L.L.Bean, Lands End, Campmor, REI, or EMS. Please give us a call with any questions!

Rain Gear

Rain jacket & pants must be water repellant, not simply water resistant. Example: [L.L. Bean's Trail Model Jacket](#) or rain pants.

Polyester Fleece Top or Wool Sweater

A good, old fashioned wool sweater works fine here and there is also a lot of polyester fleece available too. This item needs to keep your child dry and warm when it is wet out. The key is that it be 100% polyester! Please, no cotton. Example: [L.L. Bean Mountain Classic Fleece Jacket](#)

Non-Cotton, long sleeved top

This is an important layer which wicks away moisture while keeping you warm. It also works great under a PFD on a day when the weather is changing a lot, or on a hiking trip when it's buggy. This is sometimes sold as a Long Underwear or baselayer top. Example: [L.L.Bean Wicked Warm Top Midweight](#)

Polyester Fleece Pants

Like sweatpants, but all polyester (NO cotton). These fleece pants are lightweight and easy to get on and off for around the campsite when evening has settled. They are warm even if they get damp. Example: [L.L.Bean Mountain Fleece Pants](#)

Wet Loaders

Wet Loaders are sturdy, lace-up shoes that we wear to protect our feet while canoeing. They can get wet and remain comfortable for walking. They must be lace-up sneakers so that they will not get sucked off in mud. Wet loaders **cannot** be tevas, chacos, water shoes, or sandals. Old sneakers that still fit comfortably work great.

Hiking Boots

You may choose a style that you like and which is comfortable and sturdy, with ankle support. It is essential to break your hiking boots in before camp! Visit your local outdoor store to get fitted and practice wearing them around before camp starts.

Sleeping Bag & Sleeping Pad

Your sleeping bag should be made of a synthetic material, lightweight, and packable in a stuff sack. A bag rated to 40 degrees is sufficient for most campers. For campers in our oldest grove, Willoughby, we recommend a sleeping bag rated to 20 degrees. For a sleeping pad, you may choose an inflatable pad that rolls into a sack or a foldable/rollable foam pad.