

Advise About Clothes For Trips

At Keewaydin your son will be on a trip each month he is at camp. On our clothing list there is a list of important trip clothing and equipment that he'll need for trips. Please read that carefully and call if you have any questions. This is the list of five things the staff feel are **most important** for your son's safety and comfort on his trips.

#1	RAIN GEAR
	This must be sturdy and well made and water repellent, not simply water resistant. A good jacket is a must ; rain pants are optional until boys are in Moosalamoo. L.L. Bean's Discovery Jacket and Pants are a good choice as are Lands End Kid's Rain Slicker or Packable Rain Jacket. They have good rain suits for kids for \$10.99-\$19.99 – not always available, but a bargain if they have them.
#2	POLYESTER FLEECE TOP or WOOL SWEATER
	A good, old fashioned wool sweater works fine here and there is also a lot of polyester fleece available too. This item needs to keep your child dry and warm when it is wet out. The key is that it be 100% polyester! NO COTTON!! Beware of some catalogs and stores that sell a product they call fleece but it is mostly cotton – your typical kids sweatshirt. If you are looking at Polartec brand fleece, 200 weight should be plenty heavy for summer. L.L. Bean's Trail Model fleece works well. Lands End has lots of fleece. Campmor has the lowest prices.
#3	NON-COTTON, LONGSLEEVE TOP
	This is important because it wicks away moisture while keeping the wearer warm, but not too hot. Great for under a PFD on a day when the weather is changing a lot –or on a hiking trip when it's buggy. This is sometimes sold as a Long Underwear top. L.L.Bean: Wicked Warm Top – Midweight (\$18), Lands End: Kids Thermaskin 100% polyester set, Sierra Trading Post Wickers Kids Midweight only \$7.95– again not always available, but a great deal.
#4	POLYESTER FLEECE PANTS
	Like sweatpants, but NO COTTON. Lightweight and easy to get on and off for around the campsite when evening has settled. Will be warm even if they get damp. L.L. Bean has Microfleece Sweatpants, Lands End had Fleece Yoga Pants, and Campmor had micro fleece pants of 100% polyester for just \$16.99.
#5	FOOTWEAR
	<ul style="list-style-type: none"> • 2 pairs of sturdy sneakers, or one pair of sturdy sneakers and one pair of sturdy trail shoes • 1 pair of old sneakers (that still fit!). These will be used on canoe trips when getting in and out of boats. We call this footwear “wetloaders.” Campers in Moosalamoo or Wilderness (14-17 years old) on longer trips may want more substantial footwear for wetloaders such as duck boots, L.L. Bean boots or a durable aqua shoe. • 1 pair of cros or sandals with a heel strap. These are for non-active wear and for going back and forth to the swim area.
#6	GOOD HIKING BOOTS – BROKEN IN
	This is a requirement for Wiantinaug and Moosalamoo campers (12-15 years old) going on backpacking trips. Visit your local outdoor store to get fitted and have him wear them around before camp starts. Annwi and Waramaug (8-11 years old) campers may substitute sturdy trail shoes or high tops sneakers for hiking boots.

Websites to visit to find the proper gear – do your research on them and then buy locally or find bargains at the two latter sites. L.L.Bean www.llbean.com Lands End www.landsend.com Sierra Trading Post www.sierratradingpost.com (They don't always have everything, but they have some of the best bargains around.) Campmor www.campmor.com (Often have really good discounted prices, esp. on kids wear)