

Keewaydin Temagami 2016

Clothing and Equipment List

There is no camp uniform; plain rugged outdoor clothes in good condition are suitable. It is important to bear in mind while outfitting your camper that equipment and clothing will see hard use. Likewise, your camper will be exposed to the elements while on trip. Cool, wet weather should be anticipated as should hot and sunny. Dressing in layers is essential to remain warm and dry as well as cool.

Popular brands and outlets for purchasing trip clothes are: REI, Big Agnes, Campmor, L.L. Bean, Sierra Trading Post, Patagonia, The North Face, Ibex, Marmot, EMS and Helly Hansen. In Canada, Mountain Equipment Coop is most popular.

ESSENTIAL EQUIPMENT: AVAILABLE IN CAMP STORE (See *blue Equipment Order Form*)

- Duffel Bag:** This is very unique to our style of tripping. Should be 14" x 26" and have a waterproof throat. If you have gently used Keewaydin duffel from a friend, parent or relation that will be perfect. Otherwise we encourage you order one of these up from our camp store.
- Tump Line**
- Ground Sheet:** A 6' x 8' tarp is excellent, inexpensive, and available at the camp store.

ESSENTIAL EQUIPMENT: NOT AVAILABLE IN CAMP STORE

- Sleeping bag** rated to 20-35 degrees (or personal preference). Fill should be a synthetic material. Bags that are square or a partial mummy shape are preferred to full mummy bags as they roll better (Sierra Trading Post, Big Agnes and LL Bean are great resources)
- Sleeping pad** - Ridgerest and Thermarest are popular brands (try Big Agnes, EMS or LL Bean). Should not be longer than sleeping bag.
- Soap and shampoo** – biodegradable - Dr. Bronner's is best.
- Toilet kit** – this should include regular toilet articles and an extra toothbrush
- Sunscreen**-SPF 30 minimum
- Extra pair prescription glasses and contacts

- Sunglasses** with attachment cord
- Headlamp** with battery, flashlights are okay, but headlamps are best.
- 1 liter water bottle**-Nalgene is a great brand. Plastic is best.
- Bug repellent**

ESSENTIAL CLOTHING:

Note-We discourage tripping in cotton. It is cold when wet and does not dry quickly. Wool and synthetics are best.

- Warm jacket** – heavy wool or fleece material (it gets cold up there!) Wool jackets are available from:
Johnson Woolen Mills-try the *Jac-shirt* in kids or adults sizes, but don't order the *green* and *black* checks (that is our staff jacket color).
LL Bean
Woolrich
- 2 pairs of pants** (1 for trip and 1 for base camp, bring a 3rd if staying for 6 weeks). Nylon camping/hiking pants are excellent because they are durable and quick-drying. Dickies 100% polyester pants are inexpensive, durable and popular. Jeans for trips are unacceptable as they are slow to dry and offer little insulation when wet, but are okay to wear around base camp.
- 5 pairs of underwear** - boxer briefs are great for boys and many girls bring extra bathing suit bottoms to wear as they are great to swim in and dry quickly. Campers swim often and it is easy to not have to change into a swim suit. Dark colors recommended.
- 2 pairs of shorts** - any shorts are appropriate as long as they can last the whole season.
- 1 or 2 long-sleeved shirts** - button up style, made of synthetic, quick-dry material (Columbia and LL Bean have excellent shirts like this in all sizes styles).
- 1 pair of long underwear** (bottom and top)-capilene, wool or fleece
- 3 T-shirts**- at least 1 or 2 quick dry performance t-shirts.
- 5 pairs of wool socks**- These are essential not only for their warmth and durability, but also for their ability to help prevent blisters. They should be at least 80% wool, and a limited supply is available at the camp store.
- Bathing suit**- 2 piece best for girls

- Rain Suit**-Jacket and pants are essential. Suits should have taped seams and should be waterproof. Durability is important. Ponchos offer little protection and are unacceptable.
- Wool or fleece hat**
- Sun Hat**
- 2 Handkerchiefs or bandannas**
- 2 Bath towels**- 1 full size for base camp and 1 microfiber, quick drying pack towel (40" by 20" is a good size).
- Trip Shoes**- A durable pair of shoes or boots is absolutely necessary and should be suitable for all terrain. Trip shoes will get wet. They should provide support and protection and also be able to last the whole season. For ankle protection consider the mid-cut versions. Take a look at the Merrill *Moab Ventilator*, or the Keen *Voyageur* for adult sized feet to get an idea of what we are recommending. Keen's *Alamosa* is a kids shoe in the same style. Converse Chuck Taylors are not acceptable for daily tripping.
- Camp/Dry Shoes**- Comfortable shoes to wear in base camp or around the campsite, such as high-top Chuck Taylors or an old pair of sneakers. Campers should not bring sandals for their only camp shoes.
- Sandals**- A pair of sturdy sandals for swimming. Popular brands include Teva, Keen, Chaco, Crocs, and Merrel. No flip flops.
- Pack clean clothes** for trip home separately in ziploc bag. One pair underwear, socks, pants or shorts and shirt.

OPTIONAL OUTFIT LIST:

- Wool or fleece vest
- Small pocket knife - This should be limited to a small folding knife or Leatherman. Sheathed knives and blades over 2 inches are unacceptable.
- Laundry bag
- Camera - in waterproof bag or Pelican case with extra batteries. Check out the waterproof, dust proof and shock proof cameras that are available. They take super pictures and hold up very well!
- Pajamas or sleepwear
- 1 pair warm gloves (wool or polypropylene) for cold weather
- 55 liter dry bag - is not necessary but many campers and staff choose to use this item to put inside their canvas duffle.
- Back pack/day pack with padded shoulders
- Books – paperback
- Ziploc bags - gallon sized freezer bags are terrific.
- Journal and pencil
- Cards and/or chess, cribbage sets, etc.
- Small dry bag for inside the day pack
- Fishing gear – spinning or spin-casting 6-12 lbs. test line plus lures for pike, walleye, bass, and trout. Bring lures in small portable case, not big tackle box.

